

North Lambton Community Health Centre
Board of Director Minutes

Tuesday, January 25, 2022
5:30 PM – 7:30 PM
Via Zoom

Attendees:	Todd Case	Khalida Finley	Marja George	Jackie Hickey		
	Krista McCann	Mac Redmond	Deirdre Shipley	Ann Tuplin		
Staff	Kathy Bresett	Robin Page				
Recorder	Laurie Minielly					
Regrets:	Stewart Burberry	Andrew Thomas				
Guests:	Rebecca Everaert, Opening Doors Program					

Item #	Agenda Item	Discussion Highlights	
1.0	Call to Order	<ul style="list-style-type: none">• Krista called the meeting to order at 5:30 PM.• Quorum Status. Quorum was met according to the by-laws.• Territorial Acknowledgement.	
1.2		<p>We would like to begin by acknowledging that the land on which we gather is the traditional territory of the Anishnaabeg who were signatories to the Huron Tract Treaty #29, specifically the First Nations of Kettle and Stony Point, and Aamjiwnaang First Nation.</p>	
1.3		<ul style="list-style-type: none">• Declaration of Conflict of Interest. There was no declaration of conflict of interest	
1.4		<ul style="list-style-type: none">• Approval of Agenda.• Addition to Agenda:	
1.5		<ul style="list-style-type: none">• Guest: Rebecca Everaert, Opening Doors Program.	
Action:		Assigned to:	Target Date:
Motion Carried: That the Board approves the agenda, as amended.		Motion Made By: Marja George	Motion Seconded By: Jackie Hickey

Item #	Agenda Item	Discussion Highlights	
2.0	Minutes of Previous Meetings		
2.1 Motion Carried: That the Board of Directors minutes		Motion Made By:	Motion Seconded By:

November 23, 2021, are approved as presented.	Todd Case	Ann Tuplin
2.2 Motion Carried: That the Quality Performance Committee minutes of January 11, 2022, are approved as presented.	Motion Made By: Khalida Finley	Motion Seconded By: Deirdre Shipley
2.3 Motion Carried: That the Governance Committee minutes of January 11, 2022, are approved as presented.	Motion Made By: Mac Redmond	Motion Seconded By: Jackie Hickey
2.4 Motion Carried: That the Resources Committee minutes of January 11, 2022, are approved as presented.	Motion Made By: Ann Tuplin	Motion Seconded By: Jackie Hickey

2.4 Business Arising from the Minutes

Motion Carried. That the Board approves the Board Member Code of Conduct, as presented.	Motion Made By: Mac Redmond	Motion Seconded By: Todd Case
Motion Carried. That the Board approves the amendments to By-law #1 and that they be forwarded to the membership for acceptance.	Motion Made By: Jackie Hickey	Motion Seconded By: Ann Tuplin
Motion Carried. That the Board approves the purchase of the Health Equity Training Modules from the Alliance.	Motion Made By: Mac Redmond	Motion Seconded By: Deirdre Shipley
Motion Carried. That the Board approves Finance Policy 4.0 Purchases, Receiving Payables and Payments as presented.	Motion Made By: Ann Tuplin	Motion Seconded By: Jackie Hickey
Motion Carried. That the Board approves the revised Salary Grid as presented.	Motion Made By: Jackie Hickey	Motion Seconded By: Khalida Finley
Motion Carried. That the Board approves OH&S Policy #10, Workplace Violence Prevention as presented.	Motion Made By: Jackie Hickey	Motion Seconded By: Todd Case

Item #	Agenda Item	Discussion Highlights
3.0	Report from Executive Director Kathy reviewed the ED Report noting some highlights: <ul style="list-style-type: none"> Vaccine Efforts. We have been supporting LPH with nursing staff, and Primary Care at 494 Christina Street and Pharmasave in Forest. On Monday, it was determined the need was not there for boosters, therefore 494 Christina has been closed and people can attend the regular LPH clinics. This maybe evaluated in the future if the need arises. We can now look at re-opening our sites now that our nurses are back. Testing is slowing down. Respiratory Clinics – there was fear there would be more appointments needed, government planning for Clinical Assessment Centres. (See April's notes from staff meeting update). Paxlovid 15 centres in the larger centres will have access to this drug (Windsor is closest to us). We have blocked our afternoons off for providers to see respiratory patients, but those appointments are not being filled. We will monitor for another week. 	

- Appointments for the testing centre is done through Corigan. For the Respiratory centre, patients are referred by a provider.

Action:	Assigned to:	Target Date:
Motion Carried: That the Board approves the Executive Director report as presented.	Motion Made By: Marja George	Motion Seconded By: Todd Case

Item #	Agenda Item	Discussion Highlights
4.0	Board Development	
4.1	<p><u>Opening Doors Program.</u> Kathy introduced Rebecca Everaert, Program Co-ordinator. The Opening Doors program recently received funding for one year through the United Way. Rebecca provided an overview of the program to the Board.</p> <ul style="list-style-type: none"> • Opening Doors is a healthy lifestyle program for individuals looking for mental health support, and increased access to health equity. • It is in its 10th year of delivery of service and continues to grow. Additional funding was awarded in January 2018 to expand to the North Lambton area and in September 2018, a Mental Health Coach Assistant was hired to support the expanding program. • The main components of the program include: <ul style="list-style-type: none"> • Nutritious cooking & eating • Physical Activity • Wellness Education Sessions • Art & Conversation • Music Therapy • Social Support • Volunteerism • Cooking classes are virtual and are videoed to watch later. Cooking classes provide hands-on food and gardening skills, increased nutrition knowledge, dignified food access, reduced food insecurity, increased social networks. • The Sarnia Rotary Club donates the Community Gardens in Sarnia; Roeland's Plant Farm & DeGroot's Nurseries donates seedlings. • Physical Activity is offered weekly virtually and in-person. Activities include low impact exercise, seated exercises, yoga, shibashi, hiking, walking, exercise bingo, and gardening. • Community Outreach started in the fall where we provide fresh produce from the garden and nutritious snacks; provide mental health and addiction supports and basic living supplies and referrals to clients accessing Harm Reduction support. • Partnerships include United Way, Sarnia Rotary Club, Lambton Shores Swans, CMHA, Lambton Mental wellness Centre, Inn of the Good Shepherd, Rivercity Vineyard, Lambton County Developmental Services, Bluewater Health, Sarnia Lambton Probation and Parole, Sarnia Produce, Lambton EMS, Red Cross Transportation. <p>Rebecca left at 6:00 PM.</p>	
Action:	Assigned to:	Target Date:

Item #	Agenda Item	Discussion Highlights
5.0	Quality Improvement	
	There were no items for Quality Improvement.	
Action:		Assigned to: Target Date:

Item #	Agenda Item	Discussion Highlights
6.0	Risk Management	
	There were no items for Risk Management.	
Action:		Assigned to: Target Date:

Item #	Agenda Item	Discussion Highlights
7.0	New Business	
7.1	<u>Alliance Board of Directors Call for Nomination.</u> This was included for information.	
Action:		Assigned to: Target Date:

Item #	Agenda Item	Discussion Highlights
8.0	Round Table	
<p>Jackie – complimented Opening Doors program. Great to see the successes of it.</p> <p>Ann – got to see the vaccine clinic in action on Friday. It was very well run.</p> <p>Marja – KP has had fifteen deaths in the past two months. Counsellors have been available to the community.</p> <p>Mac – very impressed with the Opening Doors program.</p> <p>Todd – we should try to make a point to the provincial government for extra funding. There is a good argument to be made for the work done throughout the pandemic. Kathy noted that we should be making a case for capital projects to make way for infrastructure in the future. Kathy suggested that she and Todd could work together and come back to the February Board meeting with thoughts for further conversation.</p> <p>Kathy – we received news that we got the DPP programmed evergreened into our base budget.</p> <p>Krista – Andrew has resigned from the Board. Krista suggested that we could talk to the volunteer members of our committees to see if there was interest in coming on the Board. We did receive an application through our website. Andrew's term was ending in June 2022.</p>		

Item #	Agenda Item	Discussion Highlights
9.0	In-Camera Business	
	There were no items for in-camera.	
Action:		Assigned to: Target Date:

Agenda Item #11.0

Adjournment

Motion Carried: That the meeting be adjourned.**Motion Made By:**
Marja George

Meeting adjourned at 6:40 PM.



Krista McCann, Chair



Laurie Minielly, Recorder

Next Board Meeting

Tuesday, February 22, 2022, at 5:30 PM
Via Zoom