

Qualifications for Volunteering

1. **Be a people person** - Genuinely like to be with people and be of service to them.
2. **Be a team player** - Ability to work with other volunteers in delivering programs.
3. **Respectful** – Toward others in words and deeds.
4. **Trustworthy** - Able to maintain the confidentiality of the participants in the program.
5. **Listening** - Able to LISTEN without judgement.
6. **Empathy** – Able to “be there” without judgement and see “through their eyes.”
7. **Empowerment** – Ability to allow others to make decisions and to learn.
8. **Maturity** – Ability to guide others constructively.