

May Newsletter



Thank you to Loblaws for their generous donation to the iCAN Afterschool Programs! We would like to thank Libro for their contribution and investment in our youth. Their donations have helped us purchase nutritious snacks.

Outdoor boots and shoes are not permitted in the gym. Please bring indoor shoes if possible.

Parents MUST sign out their children at the end of program. If your child has permission to walk home and it is indicated on their registration form, they may sign themselves out. Children will not be permitted to leave early unless prior consent has been given.

Thursday May 24th, we will be doing another Rainbow Plate tasting and cooking with Rainbow Lynne.

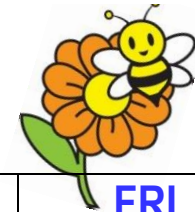
PLEASE Check out and **LIKE** the **Afterschool Program Facebook page** on North Lambton Community Health Centre for our monthly calendars and newsletters. We will be posting any updated information about program (program cancellation, school closures, weather alerts etc..)

Please Note:

- Program runs until 6:00 pm, please pick up your child by 6:00 pm sharp.
- Program will be run outside if weather permits. Please send your child with appropriate outdoor wear.
- ***Outside food and toys are not permitted at program. This includes electronic devices.***
- Children are not permitted to bring money to program and cannot purchase any items from the food booth during program hours.
- Please keep us updated with any concerns or changes with you children



Watford iCAN Afterschool Program



Held at Centennial Hall
Tuesday, Thursday, and Friday

May 2018



Watford cell phone
519-381-4807



Please return the May Attendance Calendar as soon as possible.



Thursday May 24th, we will be doing another Rainbow Plate tasting and cooking with Rainbow Lynne.

Outdoor boots are not permitted inside.
Please bring running shoes if possible.

For more information please contact
Program Leader– Samantha Rivers
(519) 786-4545 ext. 269
srivers@nlchc.com

MON	TUES	WED	THURS	FRI
	1 Soccer	2 	3 Baseball	4 Duck & Cover
7 	8 Germs vs. Toothpaste	9 	10 Playground Activities	11 Summer Craft Activity
14 	15 Wellness day	16 	17 Talent Show	18 Soccer Baseball
21 	22 Scavenger Hunt	23 	24 Cooking Day RAINBOW PLATE healthy eating made simple	25 Kids Choice
28 	29 Road hockey	30 	31 Relay on Track	